

Glenda F. Newell, M.D. is a board certified physician in Internal Medicine and a media spokesperson whose opinions on new advances in medicine and controversial medical issues have made her a valued medical expert. Dr. Newell has exemplified her exceptional talent to engage audiences in discourses about tough and complicated medical and health topics. Her audiences have included faith-based and professional organizations as well as local, regional and national medical organizations. Having served as a local health commissioner as well as president and secretary of local and regional medical societies, she is a much sought after speaker for youth groups and non-profit organizations that mentor pre-med and medical students. Dr. Newell has served as a medical consultant in various healthcare settings inclusive of ambulatory teaching clinics, private practice and physician foundation clinical practice. She is the Former Medical Director of Primary Care Services for one of the leading and cutting edge non-profit medical organizations within the United States. Dr. Newell has received acclaimed recognition for her work as the healthcare educational consultant for a major international philanthropic organization. She has traveled abroad to Africa where she has assessed methods of supporting the delivery of safe and effective health care to the women.

She is a native of North Carolina and a graduate of Miss Porter's School. She received her medical degree from the University of Cincinnati School of Medicine and her B.S. in Biology from Tufts University. In 2005, Dr. Newell received certification in Physician Leadership in Managing Ambulatory Care from the Harvard School of Public Health.

Dr. Newell's diversified experience practicing medicine in the public and private sector for the past 28 years has given her the inspiration and the vision to co-found her own healthcare consulting business, Newell & Spriggs Consulting. She believes that health literacy; self-empowerment and initiative are required to create a culture of wellness within your work and home environment. One aspect of her company focuses on teaching the tools that will result in effective communication, savvy navigation and appropriate advocacy. Dr. Newell's personal experiences as an advocate and navigator for her friends and family over the years have affirmed for her the necessity for consumers of health care to acquire these skills.

She serves as Chairman of the Board of Imani Community Church and she is a member of the Physician's Medical Forum Board. She has recently added author to her accomplishments because she has just released her first book entitled, Focus On YOUR BEST HEALTH which is a smart guide to practical solutions for medical problems faced by healthcare consumers.

She is the recipient of numerous awards and honors from many organizations including the following: Jack and Jill of America, Inc., Kappa Alpha Psi Fraternity, Bay Area Black United Fund, John Hale Medical Society and Cinnamongirl, Inc. She is a member of Alpha Kappa Alpha Sorority and serves as the National Vice President of the Links, Incorporated and the Links Foundation, Incorporated. She is a mother of four children and is married to Robert L. Harris, Esquire.

Take Charge of Your Health is her motto. She believes that it is up to you to attain the highest quality of health care and the best outcomes for you and your family.

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